

## **Peace Education References to supplement my book application to ASCD June 2020**

### **1) Youtube: Claire Sabilala: pEACE eDUCATION, 13 K views, 3 years ago:**

Peace education: is the process of acquiring the values, the knowledge and developing the attitudes, skills, to live in harmony with others and with the natural environment.

Assumptions of Peace Education:

- 1) Conflict Resolution: finding a peaceful solutions
- 2) Violence prevention: acting to avoid conflict and violence
- 3) Promoting non-violence: choosing to do no harm (non-violent direct actions, protests, persuasions, cooperation).

Peace Education is essential for Teachers now days.

PEACE cannot be kept by FORCE, it can only be achieved by UNDERSTANDING.

—Albert Einstein

### **2) Youtube: The AudioPedia: What is Peace Education?**

What does Peace Education mean?

—Encouraging students to love each other and the world.

Peace education programs often focus on training individuals to resolve matters in alignment with negotiation skills: peer mediation, learning to manage anger, fight fair, and improve communication through skills such as listening, turn taking, and separating fact from emotions. Taking responsibility for your own emotions and offering compromise is also a part of this perspective.

Conflict Resolution Training: Verbal Aikido, NVC, Peer Mediation.

Recognizing that conflict is normal in life experience, but learning appropriate tools can help to handle it responsibly.

A democratic society recognizes that conflicts take place. But how we deal with them defines our humanity and our society. Peace education platforms encourage individuals to see conflict as a platform for creativity and growth. Let's develop skills in critical thinking, debate, and coalition building. We thereby more deeply value traits of individuality, tolerance for diversity, compromise and conscientious objection. The idea is to hold government accountable.

### **3. Youtube: Kirsten Kristensen, 7.8 K views, 4 years ago: Culture of Peace in school with NVC**

“From Conflict to Connection: The Four Elements”

*NVC is a universal tool for creating dialogue and understanding in a conflict. It is designed to inquire into What has happened? and How you feel about it? Which needs are unfulfilled in this connection? And, then, what you would like to see happen?*

*These four questions along with the teacher's calmness and presence helps create a positive dialogue. The teacher is witness to the process.*

*1) Ask for facts about what happened. 2) Talk about the Feelings involved. 3) Ask what do they need? How did you express your needs? What could you have done differently? 4) What action do you want to do now?*

*For more information, contact [kirsten@livkom.dk](mailto:kirsten@livkom.dk)*

*Illustrated feelings and needs cards from Respectful Parents/ Respectful Kids by Sura Hart and Victoria Kindle Hodson*

#### **4. Youtube: UNESCO, 92 K views, 3 years ago. Learning to live together in peace through Global Citizenship Education**

*We live in a globalized world, increasingly interdependent and interconnected. Ongoing challenges are impacting all of us. Solutions require thinking and acting beyond national borders. Young people want an education that is relevant to their world and aspirations. **Global citizenship education** can help us learn to live together in peace. It nurtures a respect for all and offers a vision of our common humanity, based on human rights. It helps learners think critically, understand connections between the global and the local. It builds motivation to engage and assume active roles to solve global challenges, and to build a more just and sustainable world.*

*Tell us what it means to you: Write to [GCED@UNESCO>ORG](mailto:GCED@UNESCO.ORG)*

#### **5. Youtube: Peace in Schools 26K, 2 years ago: Powerful video about Mindfulness in schools.**

*Teens speak about the power of bringing yourself down, mindfulness, breathing, using meditation to take care of yourself. Real stuff that gives you tips for life. Speak in an authentic way, controlling anger, becoming a better listener,*

*If there was a mindfulness class in every school, it would be a much better world. We learn to accept that my reality is different than yours.*

**[www.PeaceinSchools.org](http://www.PeaceinSchools.org) Transformative Mindfulness education**

#### **3. The Peace Center:**

<http://www.thepeacecenter.org/programs/project-peace-for-schools/>

*Based in Philadelphia, offers the following: Project PEACE for schools is a unique, comprehensive approach to peace education and violence prevention that promotes a safe school environment and encourages optimal learning through academic and social growth. Training is offered to administrators, educators, support staff, students and parents with continued follow-up and support over a three to four year period.*

*Based on evaluations in pre and post tests conducted by an independent team of researchers from Lehigh University, Project PEACE programs have made a significant difference in reducing school violence. Conflict resolution training creates opportunities for students to develop effective and positive interpersonal skills, emotional intelligence, creative thinking, and problem*

*solving strategies. Additionally, it promotes an environment of trust and cooperation, a sense of community, and cultural awareness.*

*This peace education initiative sends a strong message to the entire community that your school values peaceful resolutions to conflict in collaboration with the safety and well being of teachers and students.*

*Their Courses:*

- 1) Leadership Development: Middle/High School*
- 2) Peer Mediation: Grades 4-12*